

# Q-Enza 200

High potency Ubiquinone for cardiovascular health support

**Q-Enza delivers 200mg of Co-Q10 in a single serving softgel which may support healthy Co-Q10 levels in the body to promote cardiovascular health.\***

#### About Co-Q10:

Coenzyme Q10 was first identified in 1957. At that time it was known as ubiquinone (from the term ubiquitous) because it is found everywhere in nature. Although Co-Q10 is easily obtained in all plant and animal cells, it is not found in optimum levels; therefore supplementation is necessary. It is a catalyst for food metabolism working in conjunction with enzymes, thus the name "coenzyme". Co-Q10 is essential to energy production and necessary for the formation of adenosine triphosphate (ATP), a multifunctional chemical compound necessary for healthy cellular maintenance. Co-Q10 functions in the transfer of energy and oxygen between blood and body cells and also between cell components; in other words it is essential for the body's cells, tissues, and organs.

Concentrated amounts are located in cells of the heart, liver, kidney and pancreas. Co-Q10 works together with Vitamin E and may protect it from damage. Current research indicates that it may play an important role in prevention of various cardiovascular diseases. In addition, research is being conducted to determine whether Co-Q10 may be useful in supporting healthy immune function.

#### Research Indicates

- May support cardiovascular health
- Shown to protect cell membranes from free radical damage
- May support healthy immune function
- Powerful antioxidant properties
- Has been shown to support healthy blood pressure
- Necessary nutrient for energy production at a cellular level
- Shown to prevent oxidation of LDL cholesterol
- Gum disease, muscular dystrophy, and obesity have all been linked to Co-Q10 deficiency

#### Supplement Facts

**Serving Size: 1 Softgel**

**Servings per container: 30**

Coenzyme Q-10

200mg

**Other Ingredients:** Softgel (gelatin, glycerin and water) lecithin, rice bran oil, beeswax, Vitamin E and annatto

**Suggested Use:** Take 1-2 softgel daily or as directed by your healthcare provider.

**Warning:** If you are pregnant or lactating, consult a health care practitioner prior to using this product. If you have any type of cardiovascular disease or liver disorder, consult your health care practitioner before taking Q-Enza 200. In some cases, Q-Enza 200 may affect the dose and activity of the other medications you are taking.

1506.4 (30 Softgels)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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